

MAKE YOUR IT HAPPEN PRESENTS

Queer Escape & Reboot

ISLAND EDITION

BREATHWORK • BODY • BROTHERHOOD • BELONGING

BREATHE
EXPLORE
CONNECT
TRANSFORM

*A Deeper You
in a Wilder Place*

A transformational retreat for
gay, bi & queer men ready to
pause, breathe, reconnect
and step into what's next.

Hosted by
Chad Putman, MSW

BREATHWORK GUIDE | SOMATIC PRACTITIONER
LIFE COACH | SACRED INTIMACY



THE SEVEN
DOORWAYS

A JOURNEY WITHIN



TRANSFORMATIONAL
BREATHWORK

RELEASE • HEAL • EXPAND



BODY MAPPING

RECONNECT
WITH YOUR BODY



ISLAND TIME

REST • PLAY • EXPLORE



MEANINGFUL
CONNECTION

REAL MEN • REAL CONVERSATIONS
LASTING FRIENDSHIPS



*More
Than a Retreat...
A Return to You*



THURS, MAY 27 –
MON, MAY 31, 2027

4 NIGHTS • 5 DAYS
PRIVATE ISLAND VILLA
OFF BELIZE



A SECLUDED ISLAND PARADISE
OFF BELIZE

Crystal blue waters, open skies and a
beautiful private villa — the perfect
setting to breathe deeper, connect
more fully and come home to yourself.

Retreat Highlights

- ✓ Opening circle & intention setting
- ✓ Body mapping (Day 1)
- ✓ Psychedelic breathwork journey (Day 2)
- ✓ Integration & embodiment (Day 3)
- ✓ Beach time, swimming & exploration
- ✓ Nourishing meals & spacious time
- ✓ Supportive community of GB&Q men

MAKE YOUR
IT HAPPEN

WELLNESS • CONNECTION • A MORE AUTHENTIC YOU

Are You Ready?

VISIT
MAKEYOURTHAPPEN.COM
FOR DETAILS & TO RESERVE YOUR SPOT